

CONTENTS:

- 1 irrigator cup made of polypropylene (1)
- 1 hose connection adapter outlet (2)
- 1 irrigator hose made of silicone (3)
- 1 tap made of polyoxymethylene (4)
- 1 vaginal tube (large) made of polyethylene (5)
- 1 enema tube (small) made of polyethylene (6)
- 1 metal hanger (7)



INTENDED USE:

The product is intended for thorough cleansing of the rectum and deeper sections of the bowel by flushing with liquid.

CONTRAINDICATIONS / EXCLUSIONS FROM USE:

Use is only permitted after consultation with a doctor in the following cases:

Pregnancy, anal fissures, anal abscesses or other inflammations in the anal area, hemorrhoids, intestinal obstruction (ileus), intestinal bleeding, vaginal bleeding.

USAGE ENVIRONMENT:

The enema cup can be used anywhere, provided hygienic conditions are maintained.

INSTRUCTIONS FOR USE:

1. Consult your doctor or pharmacist before use.
 2. Check all components for integrity.
 3. Clean the product before first use according to the cleaning instructions.
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CLEANING AND PREPARATION:

4. Screw the silicone hose (3) securely onto the connector of the irrigator cup (1).
 5. Insert the tap (4) into the free end of the hose (2).
 6. Depending on the intended use, screw either the enema tube (6) for anal use or the vaginal tube (5) for vaginal use onto the tap (4).
 7. Fill the irrigator cup (1) with lukewarm, clean tap water. Ensure good water quality at your location. Any additives or special flushing solutions should only be used after medical or pharmaceutical consultation.
 8. Open the tap (4) to allow air to escape from the hose (3). As soon as water flows out, close the tap again.
 9. Generously apply a neutral cream or lubricant. For more comfortable application, the use of a rectal tube is recommended. Insert the appropriate tube (enema or vaginal) about 5–7 cm.
 10. Regulate the fluid flow by opening or closing the tap (4).
- The pressure or flow rate can be influenced by the height of the cup.
Place the cup, for example, on the edge of the bathtub, or alternatively hang it using the metal hanger (7).